

Shannon to Kinlough

89.4 miles; 2 hours, 30 minutes

- 09:0 0.0 mi 1 Depart Shannon on Local road(s) (South) for 0.7 mi
- 09:0 0.7 mi Turn RIGHT (West) onto Local road(s) for 1.1 mi
- 09:0 1.8 mi Turn RIGHT (North-East) onto Local road(s) for 3.0 mi
- 09:1 4.7 mi Continue (North-East) on R363 [L4] for 0.6 mi
- 09:1 5.4 mi At Ballyforan, bear LEFT (North) onto Local road(s) for 1.7 mi
- 09:1 7.1 mi Bear LEFT (North-East) onto Local road(s) for 1.4 mi
- 09:1 8.5 mi Bear LEFT (North) onto Local road(s) for 0.3 mi
- 09:1 8.8 mi Bear LEFT (North) onto Local road(s) for 0.3 mi
- 09:1 9.1 mi At Four Roads, bear LEFT (North) onto R357 [L12] for 1.7 mi
- 09: 10.8 mi Continue (North) on Local road(s) for 1.5 mi
- 09: 12.3 mi Bear LEFT (West) onto R362 [L135] for 1.1 mi
- 09: 13.4 mi At Athleague, turn RIGHT (North-East) onto N63 [T15] for 5.2 mi
- 09: 18.6 mi At Roscommon, bear LEFT (North) onto N61 [N63] for 26.9 mi
- 10: 45.4 mi At Boyle, bear LEFT (North) onto N4 for 16.6 mi
- 10: 62.0 mi Continue (North) on N17 [N4] for 7.8 mi
- 10: 69.8 mi Continue (North) on N15 for 7.2 mi
- 11: 77.0 mi At Cashelgarran, turn RIGHT (North-East) onto Local road(s) for 1.6 mi
- 11: 78.7 mi Bear RIGHT (East) onto Local road(s) for 1.2 mi
- 11: 79.8 mi Bear RIGHT (East) onto Local road(s) for 0.5 mi
- 11: 80.3 mi Bear RIGHT (East) onto Local road(s) for 1.0 mi
- 11: 81.3 mi At Moneylahan, bear LEFT (North-East) onto Local road(s) for 0.8 mi
- 11: 82.1 mi Bear LEFT (North) onto Local road(s) for 2.3 mi
- 11: 84.4 mi Bear RIGHT (East) onto Local road(s) for 2.6 mi
- 11: 87.1 mi Bear LEFT (East) onto Local road(s) for 2.0 mi
- 11: 89.1 mi Bear RIGHT (East) onto R280 [T54] for 0.3 mi
- 11: 89.4 mi 2 Arrive Kinlough